



Clinical Child and Youth Mental Health Group Facilitator – Summer Contract

** Qualified applicants from Six Nations and other First Nations will be given preference to deliver programs and services in a First Nations community.*

Temporary Contract Position: July 4th, 2023 to September 1st, 2023 (Full Time – Monday – Friday)

Hours of work: 8 am to 4 pm daily (July to September)

Hourly pay: \$40 hourly rate, 8 hours daily. Salary with health benefits and vacation pay

Location: 40 Cao Lane, Ohsweken, Six Nations of the Grand

Qualia Counselling Services

We are currently seeking Child and Youth Mental Health Group Facilitators. Due to our steady and progressive growth, we have this opportunity available to work at our Six Nations location.

Qualia Counselling Services is a Cognitive Behaviour psychotherapy, coaching, and training practice with five locations in Cambridge, Six Nations, Waterloo & Brantford. We also have a rigorous teaching and training program that provides training online, in Kitchener and across Canada.

We are committed to providing premium mental health services, offering what we consider to be a gold standard of psychotherapeutic care. We operate from values of Professional Excellence, Authentic Community, Strength of Character & Alleviation of Suffering. We are committed to serving a variety of populations including priority populations like Children & Youth, Indigenous, and LGBTQ2IA+ Populations.

Our Summer Wellness Groups play a vital role in serving our indigenous population. Our Summer Wellness Groups are nature based (outdoor), and we deliver high quality cognitive behaviour interventions in fun, interactive and engaging ways for a full week long.

As a Youth Group Facilitator, you will ideally love working with children, being outdoors, and contributing in a meaningful way to improved mental wellness and health. You will have experience delivering clinical interventions to children. Your position will be to deliver mental

health interventions, provide one-to-one support to children and caregivers, work with the summer camp assistants to, and support the children in their activities.

PRIMARY DUTIES AND RESPONSIBILITIES :

Child & Youth Intensive Group Facilitator

- Follow the direction of the Clinical Lead and Operations Manager
- Delivery of high quality therapeutic interventions as outlined
- Support children during activities
- Develop strong healthy relationships with the children during their group experience (nurture the children professionally and appropriately)
- Model healthy communication, interactions, and choices within the group setting
- Maintenance of required documentation and paperwork pertaining to clinical interactions. As outlined by the College of Social Workers and Social Service Workers/College of Registered Psychotherapists of Ontario.
- Follow the code of ethics outlined by the College of Social Workers and Social Service Workers/College of Registered Psychotherapists of Ontario.
- Dedicated to Truth & Reconciliation Calls to Action
- This position may require additional responsibilities and duties as assigned by Qualia Counselling Services.

Daily Job Description:

- Deliver nature-based therapeutic interventions for one of the following groups and themes while incorporating cultural interventions:
 - Girl Power (self-esteem, confidence, emotions & empathy, inner critique)
 - Boy Power (building confidence, discussing emotions, teamwork, and respect)
 - Masterminds (balanced thoughts, feelings, mindfulness techniques, gratitude, and positive affirmations)
 - Happy Holistic (support systems, well being, relaxation, and understanding emotions and their impacts)
 - Stressbusters (identifying stress and how it shows up in our bodies, mindful breathing, anxiety, and relaxation)
 - SuperFly (self control, understanding feelings, focus, and bringing balance to your mind, body, and spirit)
- Activities are nature-based, therefore the wellness groups take place daily outdoors throughout the summer.
 - Clinical Facilitators must be comfortable with working in the summer conditions.

QUALIFICATIONS :

Education and Experience

- Minimum: Bachelors Degree in Social Work
- Registered in good standing with the College of Social Workers and Social Service Workers
- Experience in youth clinical social work /mental health counselling
- Must be willing to work within anti-racist and anti-oppressive frameworks and actively engage in ongoing learning about those frameworks
- Must qualify to be an NIHB Provider (Non-Insured Health Benefits)
- Must have a current (within the last six months) Police Records Check with Vulnerable Sector completed

Knowledge, Skills, and Abilities

- Expert knowledge of what confidentiality is and requirements in maintaining confidentiality in a professional setting
- Understanding of what psychotherapy is and the benefits of mental health counselling in a group format
- Understanding of Cognitive Behavioural Therapy
- Knowledge of children, their ages and stages of development and how best to relate to different age groups
- Preference for those who are knowledgeable of the Six Nations community, culture and traditions

Qualia Counselling Services is an equal opportunity employer. We are committed to providing employment accommodation in accordance with the Ontario Human Rights Code and the Accessibility for Ontarians with Disabilities Act. If you require accommodation to apply or if selected to participate in an assessment process, please advise Human Resources.

Qualia Counselling Services values diversity and we engage in Indigenous staff recruitment to work in our First Nations sites. Qualified Indigenous applicants (please self-identify, if comfortable)

**Please apply with cover letter and resume to
careers@qualiacounselling.com**

