

# NATIONAL DAY FOR TRUTH & RECONCILIATION

## PERSONAL PLEDGE TO RECONCILIATION

"You are an ancestor to generations yet unborn, who carry the legacy forward and are the legacy themselves. Their place is already set in the history of our people." Melody Walker

Ways to individually honour reconciliation:

Ensure you have read and understand the Truth & Reconciliation Calls to Action

Hold your local, provincial & federal government parties responsible and accountable for progress towards the Calls to Action

Commit to continued personal learning of indigenous peoples, teachings and issues

Keep personal acts of reconciliation going at a ongoing pace

Ask, "are there any treaty responsibilities that I carry that I'm not fulfilling?"

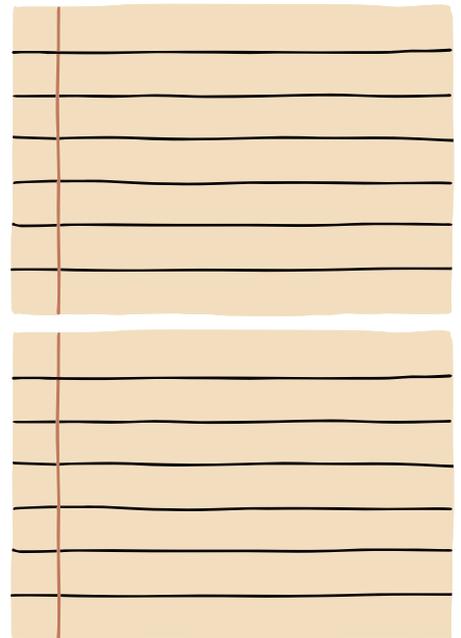
Commit to an organization or corporate Truth & Reconciliation strategy, and annually review it. Ask to be on the TRC committee

Review Genocides Burden of Illness and consider what areas you might be able to help within

Make meaningful goals towards being a legacy of change for reconciliation. These can be in any area and category of the Truth & Reconciliation Calls to Action or in support of indigenous peoples in other ways that are unique and personal to you.



**MY COMMITMENT TO RECONCILIATION  
OCT 2022-SEPT 2023**



"Netukulimk embeds understandings as to how a person should live their life on earth where Spirit guides the heart, mind and actions. Netukulimk governs the physical, emotional, cognitional, social and spiritual relationships a person has with everything, including features of the land, the rhythms and cycles and patterns of Wskitqamu (Mother Earth) and all her living beings and nonliving things. Netukulimk begins when a person learns to weave respect, responsibility, relationship and reciprocity into every aspect of his or her life..it is a profound way of being and knowing that guides ones understandings of how to live in harmony."

(Netuklimk progress document October 2020, Mi'kmaq sovereign law).